associated with stroke,” a recommendation that matches the experience of many clinicians. Clinicians must consider the complexities of each case and select designs that their experience tells them are appropriate. Second, the results of the AFOOT study may not be sufficient to overturn previous recommendations, but they certainly must be considered in future consensus processes. Third, clinicians must see participation in research as part of their professional responsibility. A meaningful search for the truth about O&P management requires the active participation of clinicians in study design and implementation. Researchers must be able to count on our contributions. Fourth, a little humility goes a long way. Clinical research and clinical care are both performed in the real world, with no perfect environment or structure for either one. Responsible professionals must acknowledge the limitations of their respective disciplines, be willing to critically examine their own work, and welcome collaboration. Finally, most of our opinions should be held more loosely. It is worthwhile remembering Niccolo Machiavelli’s observation that “men are more apt to be mistaken in their generalizations than in their particular observations.”

Conclusion
In his 1923 book The Prophet, Kahlil Gibran wrote, “Say not, ‘I have found the truth,’ but rather, ‘I have found a truth.’” This advice seems particularly relevant for O&P clinical practice and research, given the high degree of diversity in clinical approaches, variations in device designs, and the limited evidence base. As much as we and our patients would like absolute answers and solutions, they are rarely available in the complex world of clinical care. When we have found clinical practices that produce positive results, it would be better to understand our conclusions as a truth rather than the truth. When confronted with research evidence that collides with that clinical experience, we should seek out opportunities to collaborate and make contributions to deepen the knowledge base of our profession.

References
1. https://opcanada.ca/

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