Lightning Strikes...Again

Having her leg amputated meant there was only a 10-percent chance that her cancer would reemerge somewhere else, yet just as her ten-year bone cancer remission milestone approached, lightning struck twice—Wolff was diagnosed with breast cancer. She had been aware of lumps the size of quarters in her breasts and armpits since 1990, but physicians had repeatedly reassured her that she had nothing to worry about; they were only a result of fibrocystic breast disease. “Some of the doctors even treated my concerns with condescension,” she writes. “On one hand, [I] accepted their reassuring statements—or at least desperately wanted to—but, on the other, could not deny my unsettling concerns. Deep inside, I knew that something was wrong.” In 1998, as her mother was dying of cancer herself, Wolff was told that her breast was filled with cancer and that she would have to undergo an immediate mastectomy, chemotherapy, and radiation, followed by tamoxifen therapy.

“When I was diagnosed with breast cancer, it was stage 3B—advanced,” she explains. “I wasn’t given great odds for survival. So I decided to try alternative medicine in addition to conventional methods.” She first learned of naturopathic medicine from her father, who gave her a book titled Healing Miracles by Ball State University Professor Jean Kohler in which he wrote about healing his pancreatic cancer by changing his diet, specifically by using a macrobiotic diet. “I went to a Whole Foods grocer and met a woman who taught macrobiotic cooking classes,” Wolff says. “The diet consists of whole grains, beans, and vegetables that I incorporated into the way my family ate. I had hope that this was going to help me.”

The diet did help free her of cancer, Wolff believes, yet she was in great pain due to atrophy of her residual limb, which left the nerves at the end of her femur rubbing against her prothetic socket. In 2005, the pain had escalated until she could no longer wear her prosthetic leg or barely touch her residual limb without experiencing shooting pains. At the end of her rope, she discovered a video of the Ertl reconstruction technique (a procedure developed in 1920 by Janos Ertl Sr., MD, to no longer wear her prosthetic leg or barely touch her residual limb without experiencing shooting pains. At the end of her rope, she discovered a video of the Ertl reconstruction technique (a procedure developed in 1920 by Janos Ertl Sr., MD, to relieve pain in amputated limbs) and made an appointment to see Jan Ertl, MD, Janos Ertl’s grandson, in Sacramento, California. With a reconstructed limb, Wolff can now wear a prosthesis without pain. “Surgery don’t solve all problems,” she says, “but it was good for me.”

Today Wolff and her family still eat a macrobiotic diet, and she teaches cooking classes at the cancer center near her home. She says studies claim that a plant-based diet can help with the prevention and healing of cancer as well as diabetes and heart disease. She also spends her time marketing her book, which she wrote hoping to encourage others. “It gave me hope to read the recovery stories of other people,” she says. “I have the chance to make a difference in a lot of people’s lives; I couldn’t just walk away from that.” Not knowing much about computers, she created a website, www.macrobreastcancersurvivors.com, to post a compilation of survivor stories and macrobiotic diet recipes.

Meg Wolff shares her cooking techniques with a CCC audience. Photo by Betty McLeod.

“I’m in better health than I’ve ever been,” she says, and explains that health isn’t a static condition. “We’re not just healthy or not healthy. There’s so much we can do to move toward or away from health. It’s very empowering to realize this. Trust yourself. If I can do it, you can, too.”

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Apis Footwear Co.
Takes The Lead In Therapeutic Shoes.

Apis Footwear Announces Manufacturing of New Athletic and Casual Shoes for Men, Women and Children

LOS ANGELES—Apis Footwear (parent company of Biondi shoe division) MT. EMEL MAKER DOG in a 2007 Quarry announced that starting March 1, 2007 they will be manufacturing Ammay’s athletic and casual shoes line. Apis Footwear Co., which is known for their reputation of the high quality and therapeutic shoes, will be offering athletic, footwear for adults and children. About 2007 is a unique additional depth that works incredibly with APIS and KAPoqM. The children’s line comes in 2 widths and made of genuine leathers. Just like most of Apis Footwear lines this line also is Medicare approved.

We are always coming up with some great items to save our customers money and time,” said Eiko Hy, Apis Footwear Co. “We were excited to be the first to introduce an off the shelf line for Chaussure Edge.

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After learning to many customers about other custom shoe services, Apis took the lead and started to make custom shoes from feet in countries with quality and styles. Apis was pleased to announce its SRS evaluation metering that they hold over an 80% first time made success rate. This is a huge success rate for custom made shoes.

“Footwear customers always enjoy the one time that they don’t have to make inserts,” said Tony Hy, Apis Footwear. “They can make any modifications then need, any color, and we will guarantee each shoe made to the correct size.” Apis has a 4 week pay around time and will keep the original cost for 5 years for out orders.

Another fantastic service offered by Apis Footwear.

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