is to use the video to train the patient for gait improvements. Again, replay the video at a slow speed and explain the motion you see, compared to what it should look like, so that the patient can practice changing his or her pattern.

Prepare for and Document the Patient Visit

One of the best practices for using video in your clinical care is as a tool to prepare for the patient’s next visit. Review the patient’s most recent video immediately before his or her next appointment. You will be able to identify changes much quicker with video than by reviewing your notes.

VOGA is also an excellent way to help you document the patient visit in your chart notes. Without video, once a patient leaves your facility, you have to rely on your notes to remember what transpired during the visit, which can be difficult when you have back-to-back patient appointments. However, if you review the footage while completing chart notes, it will help ensure thorough documentation.

Supplement Observational Gait Assessments

Visual diagnosis of a patient’s gait in real time is subjective, lacks accuracy, and relies on the clinician’s training and experience. You can use video in conjunction with an observational gait score to increase the reliability of those scores; in fact, gait scores are often tested for reliability using video. Possible measurements to use include the Edinburgh Visual Gait Score (EVGS), Rancho Los Amigos System, Rivermead Visual Gait Assessment, and Prosthetic Observational Gait Score. The EVGS is a comprehensive video assessment tool that has been found to be sensitive enough to detect changes in gait due to a change in intervention.

Facilitate Treatment Planning

VOGA is an easy-to-use and cost-effective method of improving the patient experience by establishing a visual history of your patient’s progress. Not only will recording video complement your documentation of outcome measures, but it will help you create a plan for reducing gait deviations. It can also benefit the other members of the patient’s healthcare team. For example, the results of the gait score and video can be shared with the physical therapist to facilitate treatment.

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References