to get them to come in,” he explains. “It took over a year to get into [the job] and it’s been one of the best decisions I’ve ever made.”

Hall is attending community college with plans to study occupational or physical therapy. He also has had the opportunity to support and participate with fellow veterans in nonprofit organizations that are dedicated to helping wounded warriors.

He is a co-driver under the Race for the Wounded banner, a nonprofit organization that trains, funds, equips, and supports veterans in some of the most difficult off-road car, truck, dune buggy, ATV, and dirt bike races, according to its website. Through that affiliation, in 2015 he competed in the Mexican 1000, a 1,300-mile-long desert race from Ensenada to Cabo San Juan. Hall and his teammate, Tony Scott, who is the Race for the Wounded truck program manager and a wounded veteran, took first in their class and seventh overall.

This year, Hall also became a celebrity of sorts when he appeared in several episodes of the Warfighter Made series that was aired during the Monster Energy Supercross race season. Warfighter Made is a nonprofit organization that adapts and customizes vehicles for severely injured warfighters and provides recreational therapy in off-road vehicles. During 16 episodes, a team that included veterans and wounded warriors adapted a 2017 Toyota Tacoma with modifications for easy loading of a dirt bike, gear storage, and improved suspension for off-roadsing. Throughout the series, wounded warriors shared their inspirational stories of recovering from their injuries; Hall was featured in Episode 8—and in the final episode he was given the truck in recognition of his work with veterans.

Finding Your Niche

More than anything, Hall likes being with his children, going to their soccer games and taking them to movies, he says. Motocross comes second. “You don’t think about your bills, you don’t think about what you have to do later, you don’t think about anything. When you are out there, it’s the next turn, the next turn, the next turn. It’s kind of like tunnel vision,” he says.

The importance of a temporary escape into a sport or hobby—something that takes energy, is fun, requires focus, and takes your mind off your worries—is something he discusses with the veterans he counsels through his work.

“I tell them you have to find your niche, find something that when you do it, you don’t think about anything else,” he says. Find something “that makes you feel good, that makes you feel whole.”

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